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# The Pathway to Health and Peace

- Experience Greater Peace and Productivity
- Improve Your Relationships
- Discover the Biblical Path to a Better Life

## Presenters:

**Pastor Ted Baze:** Pastor of Ceres Seventh-day Adventist Church

**Dr. Ed Holm:** Medical Doctor

**Pastor Steve Tatum:** RN, Counselor

“Beloved, I pray that you may prosper in all things and be healthy, even as your soul prospers.” 3 John 2:2 WEB



In an age of uncertainty  
the Bible provides  
solid answers.

- **FREE Admission**
- **Refreshments Provided**
- **Nightly Study Materials Provided**
- **Free Childcare**

We would like to know that you are coming.

Please call **(209) 538-1024**  
or email us at  
**[ceresadventist@sbcglobal.net](mailto:ceresadventist@sbcglobal.net)**

Preregistration is welcome, but not required.



Ceres Seventh-day Adventist Church Fellowship Hall • 1633 N Central • Ceres, CA 95307

Bible Prophecies and Promises Reveal...

Home Foreclosures

Unemployment Rising

# LIGHT IN DARK TIMES

## The Pathway to Health and Peace

Uncertainty & Fear

Inescapable Debt

Coming to the Ceres Seventh-day Adventist Church  
Friday, February 3, at 6:30 p.m.



Home Foreclosure

Unemployment Rising

Uncertainty & Fear

Inescapable Debt

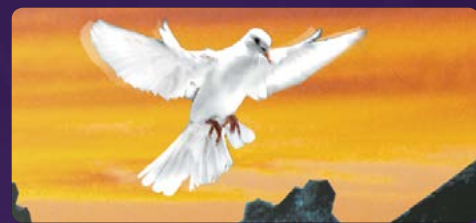
# LIGHT IN DARK TIMES



Friday, February 3  
6:30 p.m.

## A New Perspective on Life

Discover a new way to look at life that provides a new and better view of today and tomorrow, and learn how prophecy unlocks our perspective.



Saturday, February 4  
6:30 p.m.

## Stress Management

Practical ways to manage stress, and a Biblical approach to winning the cosmic battle in which we are all engaged.



Sunday, February 5  
6:30 p.m.

## Keys to Resolving Conflict

How to rise above day to day conflicts and be prepared to win the ultimate cosmic battle.

## Presentations Continue Every Weekend through February 25

Evening Meetings at 6:30 p.m.  
unless otherwise noted

Friday, February 10 • 6:30 p.m.  
Can We Talk?

*Communication Skills and Restored Relationships*

Saturday, February 11 • 6:30 p.m.  
Secure Relationships:

*How to Protect What You Value the Most*

Sunday, February 12 • 6:30 p.m.  
Taking Out the Trash  
*Getting Rid of Life's Baggage*

Friday, February 17 • 6:30 p.m.  
Freedom from Fear  
*Hope for Today and Beyond the Grave*

Saturday, February 18 • 10:45 a.m.  
Fuel for Rest  
*Healthy Living at It's Best*

Saturday, February 18 • 6:30 p.m.  
Keys to Ultimate Success  
*God's Plan for Living a Meaningful Life*

Sunday, February 19 • 6:30 p.m.  
How to Rest  
*Secrets to Celebrating Life*

Friday, February 24 • 6:30 p.m.  
Counterfeiters, Heartbreakers and the Antichrist  
*Preserving Genuine Relationships*

Saturday, February 25 • 10:45 a.m.  
Making Connections  
*The Biblical Plan for Maximizing Your Potential*

Saturday, February 25 • 6:30 p.m.  
Eternal Rewards and Lasting Relationships  
*Scripture's Glimpse into God's Ultimate Plan for His Children*

